

Knowledge Organiser - Oak and Acorn - Autumn 1



All About Me- Toys and Games

Learning all about who we are and how to take care of ourselves.

Vocabulary

All About Me	Knowing themselves, their facial features, colour of hair, skin and eyes. Their names, age and looking at similarities and differences.
Our families	A group of people who are related to each other, such as mother, father, brothers, sisters, grandparents and cousins, etc.
Our homes	A place where one lives such as a house, apartment or other shelter that is the usual residence of a family or person.
Our senses	There are 5 senses that we use to explore and interact with the world around us: sight, smell, hearing, taste, and touch. The body parts that allow us to experience these senses are: eyes (sight), nose (smelling), ears (hearing), tongue (taste) and skin (touch).
Our bodies	The whole physical structure, including bones, tissues and organs, of a person or an animal.
Feelings	An emotional state, such as anger or happiness.

Personal, Social, Health and Emotional (PSHE)

Health Wheel 	Exercising
Healthy Drinking 	Healthy Eating
Sleeping 	Hygiene

The Zones of Regulation

Blue Rest Area	Green Go	Yellow Slow Down	Red Stop
Sad	Happy	Nervous	Angry
Upset	Excited	Surprised	Yelling
Hurt	Calm	Confused	Aggressive
Tired	Proud	Silly	Mad

Social and Communication Skills

Playing fair
Taking turns
Winning and losing

Who's turn is it?

your turn

my turn

hair, ear, eye, nose, arm, knee, hand

All About Me

Our Families

Our Bodies

Bones

Skeleton

Feelings and emotions

Feelings

Our Homes

Our Senses

Celebrations

Taste, Touch, Sight, hearing, Smell